



*Offering resources and programs for all who seek to deepen their spiritual lives*

## **Living with God: Prayer, Community and Practice**

*Are you looking for a spiritual community with whom to practice your faith?*

*Are you seeking to integrate your faith into your daily life?*

*Are you hoping to deepen and strengthen your spiritual practices and life with God?*

Spiritual community is a gift! Many of us have found that our experiences of prayer are deepened as we pray with others, and that our understanding of God and how we live our faith is enriched by our prayerful conversations together.

The Kairos Spiritual Life Center, a ministry of All Saints Church in Worcester, is offering a 9-month program, *Living with God: Prayer, Community and Practice*. The focus of *Living with God* is to build spiritual community through intentional prayer practices in our daily lives and through shared prayer and reflection in on-going small groups. Participants will meet monthly for two hours: the first hour will be in guided prayer or meditation, using different spiritual practices and the prayers of spiritual teachers to guide us; the second hour will be an opportunity to reflect together on our life with God. This is the sixth year that the Kairos Center will offer an on-going program blending monthly small group gatherings for prayer with support for deepening individual prayer practice.

We are offering *Living with God* at several times and locations. **All participants will meet for an initial gathering on September 17 (9 a.m.-12 noon), a day retreat on January 28 (9 a.m.-3 p.m.) and a closing gathering in May 5 (9 a.m.-12 noon); these gatherings will be held at All Saints Church in Worcester.** Groups will be formed based on registration and final meeting times will be determined at the September meeting. Please register as soon as possible so that groups can be formed. *Registration deadline is September 7.*

<b>1st Monday evenings</b>	<b>from 6:30-8:30 p.m.</b>	<b>St. Francis Church, Holden</b>
<b>3rd Wednesday evenings</b>	<b>from 6-8 p.m.</b>	<b>South Acton Congregational Church (UCC)</b>

Groups will be led by Susie Allen (associate pastor at UCC Boxborough, spiritual director and musician) and Nancy Small (hospice chaplain, spiritual director and retreat leader).

The tuition for *Living with God* is \$220 for the year; tuition may be paid \$120 in September and \$100 in January. Scholarships are available; if interested, please contact Nancy Elder-Wilfrid, director of the Kairos Center.

**For more information, please contact the Kairos Center at  
kairoscenter@allsaintsw.org, or 508-752-3766, ext. 19.**

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### **REGISTRATION FORM     *Living with God: Prayer, Community and Practice***

*Registration deadline is September 7. To register, please complete the form below and mail with your \$120 deposit to:*

**Kairos Spiritual Life Center, All Saints Church, 10 Irving Street, Worcester, MA 01609**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (     ) \_\_\_\_\_ Email \_\_\_\_\_

Group Choice \_\_\_\_\_ Denomination \_\_\_\_\_